

CDB Launches Flavoured Coconut Milk

Coconut Development Board has launched flavoured vegan coconut milk in pista (Pistachio), rose and chocolate flavours. CDB would be launching coffee and almond (badam) flavours in the next phase. The flavoured milk, which is developed by CDB Institute of Technology in Aluva, can be made available in attractive glass bottles Tetra paks and pet bottles.



Coconut milk is a healthy, vegan and environment friendly alternative to dairy milk, which has several nutritional advantages and serves as a superior source of several essential nutrients. Coconut milk serves as a much richer source of niacin, also called vitamin B-3 compared to regular milk. Niacin, along with other B-complex vitamins, helps metabolize nutrients in food so that it can be used for energy. It is also a rich source of iron and copper and is lower in sugar than dairy milk, which is beneficial to limit carbohydrates in diet. Dairy milk contains lactose, a type of sugar that is difficult for many people to digest. However,



er, coconut milk does not contain lactose and is lower in carbohydrates than dairy milk, which is useful for people with lactose-intolerance.

The flavoured coconut milk has stabilized fat content of 3-5% and is rich in proteins such as albumin, globulin, prolamin and gluten. The processing technology for producing the flavoured milk is expected to be shared with Coconut Farmer Producers Organizations and other prospective private entrepreneurs in a short time.

For more details, please contact Mrs. Annie Eapen, Chemist (9446585237), CDB Institute of Technology, Technology Development Centre, Coconut Development Board, Keenpuram, South Vazhakkulam, Aluva, Ernakulam District, Pin - 683 105. Ph: (0484) 2679680, Email: citaluva@gmail.com

Kochi
26|09|2015

(SD/-)
Publicity Officer